



Warmly invite you to a half day online workshop with

Laura Fruggeri and Francesca Balestra

***Working in networks: the systemic nature of
multi-professional interventions***

Date: Friday 3rd May 2024

Time: 9.00am to 1.00pm

Online workshop: Zoom

Cost: £35.00

Multi-stressful situations often benefit from the involvement of different agencies. In these circumstances, what happens in the context of the relationship between the therapist and the client reverberates on the client's own significant system, but also on the relationship between the client and the other professionals involved. And, recursively, on the relationship between the latter and the therapist. In such an interdependent system, how can each professional become aware of his or her position as part of a therapeutic whole and act accordingly? Is it possible for professionals to see themselves as part of one therapeutic plan, albeit made up of different parts? In a network of different agencies, the therapeutic effect comes from the interconnection of different interventions, and this emphasises the importance of coordinating among professionals. It means being open to defining each intervention in relation to the intervention of the others, in the light of the client's needs. It also implies an interrelated interpretation of events, emotions and positions, which means abandoning a true/false perspective in favour of a complex one, which can help to understand each individual intervention in the context of the whole therapeutic process.

These are the issues that Laura Fruggeri and Francesca Balestra will address in their workshop, on the basis of case examples and the book they have recently written with Elena Venturelli: ***Psychotherapeutic competencies***. London, Rutledge, 2022



LAURA FRUGGERI is psychologist and psychotherapist. She is Director of the School of Psychotherapy at the Centro Bolognese di Terapia della Famiglia. She has held courses and seminars at Universities, Training Institutes and Research Centres in Europe, North and South America, has presented papers at national and international conferences and is the author of numerous articles, essays, and volumes.



FRANCESCA BALESTRA, PhD, is a psychologist and psychotherapist. She is a family therapist, a researcher, and a trainer at the Centro Bolognese di Terapia della Famiglia. Her research interests are focused on communicative and interactive processes between therapist and client in psychotherapeutic sessions.

